How You Can Get PrEP

Follow these steps to get PrEP medication to prevent HIV.

1. **GET READY**
   - Talk to your health care provider. Find a provider who makes you feel comfortable and supported.

2. **GET SET**
   - Get tested to make sure you are HIV negative.

3. **GET PrEP**
   - Get your prescription filled at your local pharmacy or find one near you.

**Is PrEP right for me?**
- PrEP is a safe and effective prevention option for people who are HIV-negative. PrEP medication works when taken as prescribed. Find local HIV testing sites at locator.hiv.gov.

**Staying on PrEP**
- Take the medication as prescribed and see your provider every 3 months to get tested for HIV, STIs, check your kidneys, and get a refill.